



Blue Cross and Blue Shield of Minnesota

Foundation

An independent licensee of the Blue Cross and Blue Shield Association

## Participant evaluation

### Qiimeynta ka qaybgalayaasha

Fadlan soo buuxi foomkan, kadibna u soo celi qofka loo xilsaarey in uu uruuriyo. Si aad fursad ugu heshid foomkan oo ku qoran afaf kale, fadlan soo booqo [www.bcbsmnfoundation.org](http://www.bcbsmnfoundation.org).

Magaca (qasab ma aha in aad magacaaga ku qortid waraaqdan):

Ururka soo qabanqaabiyey baarista:

Maalinta baarista la qabtey:

1. Waa maxay aragtida guud eed ka qabtid DVDga, eek u saabsan ka qaybqaadashad iyo ahmiyada caafimaadku u leeyahay bulshada?
  - Kuwo aad muhiim u ah
  - Kuwo muhiim ah
  - Kuwo aan muhiim ahayn
  - Waxba kama sheegi karo
2. Barmaamijkan ma ka heshey wixii aad kafileysey oo dhan?
  - Waxaan ka heley in kabadan waxaan ka filaayey
  - Waan ka heley waxii aan ka filaayey
  - Kamahelin waxii aan ka filaayey
  - Waxba kama sheegi karo
3. Waamaxay muhiimada ay weyn ee aad ka baratey barmaamijkan?
4. Sideed u qiimeyn laheyed wadahaladadii kooxda aad ka tirsaneyd?
  - Fikrado aad u fiican oo waxsoosaar leh
  - Fikrado fiican oo waxsoosaar leh
  - Fikrado aan waxsoosaar lahayen
  - Waxba kama sheegi karo

5. Kooxdii nu ma isla meel dhigeen mustaqbalka in ay abuuraan waxsoosaarka horumarinta bulshada?

- Haa                       Maya

6. Ma ku dhiirantahay in aad ka qaybgashid dhismaha mustaqbalka bulshada?

- Aad baan ugu dhiiranahay  
 Waan ku dhiiranahay  
 Kuma dhiirani  
 Waxba kama sheegi karo

Waamaxay sababtu?

7. Sideed u qiimeyn lahayed qofka loo xilsaarey horjooganimada kooxda aad ka tirsantahay?

- Mid aad u fican  
 Mid fican  
 Mid dhexdhexaad ah  
 Mid aan ficneyn  
 Waxba kama sheegi karo

Waamaxay sababtu?

8. Sideed u qiimeyn laheyed goobta lagu sameynaayey baarista aad ka qayb gashey?

- Aad bey u ficneyed  
 Way ficneyed  
 Waxay aheyed mid dhexdhexaad ah  
 Waxba kama sheegi karo

Waamaxay sababtu?

## Planner evaluation

### Qorshe Qiimeyn leh

Fadlan soo buuxi foomkan, kadibna u soo dir hay'ada Blue Cross and Blue Shield of Minnesota Foundation, adoo isticmaalaya baqshada la socota waraaqdan ama baqshad kale oo aad ku soo dirtid:

Blue Cross and Blue Shield of Minnesota Foundation  
M459  
P.O. Box 64560  
St. Paul, MN 55164-0560

Si aad fursad ugu heshid foomkan oo ku qoran afaf kale fadlan soo booqo

**[www.bcbsmnfoundation.org](http://www.bcbsmnfoundation.org)**

Magaca:

Ururka qabanqaabiyey:

Maalinta la qabtay baarista:

Inta qof ee ka soo qaybgashey:

Fadlan soo sheeg habka aad uga soo qaybgashey (tusaale ahaan, ma waxaad ahayed qof ku cusub oo soo dhaweynaaya bulshada kale ee kucusbeyd goobta mise waxaad kamid ahayed dadka meesha daganaa.)

1. Sideed u qiimeyn lahayed guud ahaan kulankiina?

- Kulan aad loogu guleystey     Kula lagu guuleystey     Kula aan lagu guuleysanin

Waamaxay sababtu?

2. Ma u ogolatey ka qaybgalayaash fursad ay ku qiimeyaan kulankan?

- Haa                       Maya

Haddii aad siisay fursad maxay ahayed jawaabtii ay bixiyeen ka qaybgalayaasha kulankan ama xafladani?

- Guud ahaan fikrad haboon     Fikrado isku dhafan     Guud ahaan fikrado aan habooneyn

Talooyin dheeraad ah oo ku saabsan fikradihii ay ka qaybgalayaasha kulanku bixiyeen:

3. Sideed u qiimeyn lahayed go'aanada kooxdii aad katirsaneyd?

- Fikrado aad u fican oo wax soo saar leh
- Fikrado fiican oo wax soo saar leh
- Fikrado aan wax soo saar lahayen
- Waxba kama sheegi karo

4. Muxuu ahaa cutubka muhiimka ah ee laga wadahadley?

5. Waa maxay akhbaaraha ama aragtidiina muhiimka ah ee ka soo baxay baaristaas?

6. Guud ahaan sideed u aragtey soo bixida DVDga?

- Mid aad muhiim u ah
- Mid muhiim ah
- Mid aan mhiim ahayen
- Waxba kama sheeg karo

Waamaxay sababtu?

7. Sideey aheyd muhiimada kujirtey habka DVDga loo qaabeeyey eek u saabsaneyd isdhexgalka iyo caafimaadka dadka qaxootiga ahi la sameyay bulshada kale iyo fikradihii laga soo jeediyey?

- Kuwo aad muhiim u ah
- Kuwo muhiim ah
- Kuwo aan muhiim aheyn

8. Sidey muhiim u aheyd hogaaminta guud ee wadahadaladu?

- Kuwo aad muhiim u ah
- Kuwo muhiim ah
- Kuwo aan muhiim aheyn

Haddii aad jeceshahay mustaqbalka in aad heshid xiriirka wadahadalada ee hay'ada Blue Cross and Blue Shield of Minnesota Foundation, fadlan nasii magacaaga iyo macluumaad kusaabsan ciwaankaaga ama ciwaanka e-mail kaaga:

Magaca:

Ururka aad ka socotid:

Ciwaankaaga:

Taleefankaaga: ( )

E-mailkaaga: